

Voluntas Dei, USA
“Focus on Formation”
December 2018

Our December Team Meetings call us to “focus on formation.” Where are we at in terms of our life in the Institute? How are we growing and deepening our spiritual life? If you find it helpful, you may want to use the following questions to guide your personal thought. And, your team leader may want to use some or all of these questions to guide your team discussion. Or, your team may follow whatever format you have previously used for your December meeting.

Prayer: Lord Jesus, give me the strength to think of you each hour, just for today, so that I may live in your presence. Lord Jesus, take from my heart all anger, hatred, and spite, just for today, so that I may love without criticizing and serve without complaining. Lord Jesus, help me to follow in your footsteps, just for today, so that following your example and Mary’s, I may be, every day of my life, an instrument of peace. Amen! (Fr. Parent)

A. Looking back over the past year, what have been some personal highlights of your experience in Voluntas Dei?

B. What personal challenges do you find in living the spirituality of the Institute? Try to be specific regarding the 3 Five’s. What “graces” do you experience in the practice of our spirituality?

C. What have been the strengths of your team meetings? Is there something you or the team could improve?

D. What have been the strengths of regional and national meetings? Is there something that could be improved?

E. In light of these reflections, are you ready to renew your commitment? Are you planning on taking your “next step”?